

The College of Ophthalmologists of Sri Lanka

34TH ANNUAL SCIENTIFIC CONGRESS

"Innovating Ophthalmic Care Through Precision and Respect"

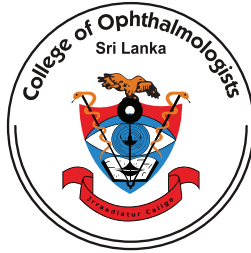


25TH - 27TH SEPTEMBER 2026



HOTEL SHANGRI-LA, COLOMBO

**CONFERENCE
PROGRAMME**
2026



The College of Ophthalmologists of Sri Lanka

34TH ANNUAL SCIENTIFIC CONGRESS

*“Innovating Ophthalmic Care Through
Precision and Respect”*

PROGRAMME

25th to 27th September 2026

HOTEL SHANGRI-LA, COLOMBO

34TH ANNUAL CONGRESS - COSL

25th September 2026

DAY 01

CLINICAL FRONTIERS IN GLAUCOMA

7.30 a.m.	Registration
8.00 a.m.	National Anthem
8.05 a.m.	Lighting of the Traditional Oil Lamp
8.10 a.m.	Welcome Address <i>Dr. Dilruwani Aryasingha</i> Chairperson Glaucoma Interest Group 2024/25
8.15 a.m.	Address by the Chief Guest <i>Dr. Imalka Fonseka</i>
8.20 a.m.	Induction of Chairperson, GIG 2026/27 <i>Dr. Kushlani Gooneratne</i>
8.25 a.m.	Address by Chairperson, GIG 2026/27 <i>Dr. Kushlani Gooneratne</i>

08.30 A.M. - 9.06 A.M.

**CONTEMPORARY MANAGEMENT OF GLAUCOMA:
FROM EARLY DETECTION TO SURGICAL DECISION-MAKING**

SESSION 01

Chairpersons: *Dr. K.R. Dayawansa, Dr. Kushlani Gooneratne*

8.30 a.m. – 8.42 a.m.	Using The Optic Disc to Evaluate Glaucoma <i>Dr. Pradeepa K. Siriwardena</i>
8.42 a.m. – 8.54 a.m.	Structure Meets Function: Integrating OCT and Visual Fields Assessment <i>Dr. Dushyantha Wariyapola</i>
8.54 a.m. – 9.06 a.m.	Clinical Decision-Making in Normal-Tension Glaucoma: When should we treat? <i>Dr. Imalka Fonseka</i>

09.06 A.M. – 10.00 A.M.

**MINIMALLY INVASIVE GLAUCOMA SURGERY (MIGS) &
MINIMALLY INVASIVE BLEB SURGERY (MIBS)**

SESSION 02

Chairpersons: *Dr. Pradeepa K. Siriwardena, Dr. Sagara Pathirage*

9.08 a.m. – 9.20 a.m.	Preserflo Microshunt: Indications, technique and outcomes <i>Professor Sheng Lim</i>
9.20 a.m. – 9.45 a.m.	Evolution of MIGS <i>Associate Professor Shamira Perera</i>
9.45 a.m. – 10.00 a.m.	Q & A session

10.00 A.M. – 10.30 A.M.

TEA

10.30 A.M. – 11.30 A.M	MASTERING GLAUCOMA SURGERY: TRABECULECTOMY, DEEP SCLERECTOMY AND BEYOND	SESSION 03
Chairpersons: <i>Dr. Dushyantha Wariyapola, Dr. Dilruwani Aryasingha</i>		
10.30 a.m. – 10.50 a.m.	Mastering trabeculectomy; from standard technique to complex cases <i>Dr. Imalka Fonseka</i>	
10.50 a.m. – 11.07 a.m.	Combined Deep Sclerectomy and Trabeculectomy: Optimizing Filtration Surgery <i>Mrs. Punitha Ranjith</i>	
11.07 a.m. – 11.25 a.m.	Q & A	
11.30 A.M. – 12.15 P.M.	MANAGING COMPLEX AND REFRACTORY GLAUCOMA	SESSION 04
Chairpersons: <i>Dr. Muditha Kulathunga, Dr. Lalitha Senarath</i>		
11.30 a.m. – 11.45 a.m.	Mastering Tube surgery and complication management <i>Professor Sheng Lim</i>	
11.45 a.m. – 12.00 p.m.	High IOP After GDD: Evaluation and What Next? <i>Dr. Sirisha Senthil</i>	
12.00 p.m. – 12.15 p.m.	Q & A	
12.15 P.M. – 12.35 P.M.	PRESENTATION OF AWARDS FOR GLAUCOMA AWARENESS VIDEO COMPETITION	
12.35P.M. – 1.35P.M.	LUNCH	
1.35 P.M. – 3.10 P.M.	THE EVOLVING MANAGEMENT OF PRIMARY ANGLE-CLOSURE DISEASE	SESSION 05
Chairpersons: <i>Dr. Prasad Pathirana, Dr. Sampath Ranaweera</i>		
1.35 p.m. – 1.45 p.m.	Importance of detecting angle closure glaucoma in clinical practice <i>Dr. Dilruwani Aryasingha</i>	
1.45 p.m. – 1.55 p.m.	Current Management Algorithm for Primary Angle-Closure Suspect (PACS), Primary Angle Closure (PAC), and Primary Angle-Closure Glaucoma (PACG) <i>Dr. Lalitha Senarath</i>	
1.55 p.m. – 2.05 p.m.	Detection of Angle closure – Gonioscopy vs ASOCT <i>Dr. Gayan Wijesundara</i>	
2.05 p.m. – 2.15 p.m.	Which Patient Need Laser Iridotomy / Iridoplasty <i>Dr. G.H.M. Pinsara</i>	
2.15 p.m. – 2.25 p.m.	Role of MIGS in Angle-Closure Glaucoma Along with Cataract Extraction <i>Dr. Sirisha Senthil</i>	
2.25 p.m. – 2.35 p.m.	Cataract Surgery in Glaucoma <i>Professor Sheng Lim</i>	
2.35 p.m. – 2.50 p.m.	Different presentation of angle closure and management approach <i>Mrs. Punitha Ranjith</i>	
2.50 p.m. – 3.10 p.m.	Q & A	

34TH ANNUAL CONGRESS – COSL

26th September 2026

DAY 02

7.00 A.M. – 7.50 A.M.

VISION SOLUTION SPONSORED BREAKFAST SYMPOSIUM
THE DIFFICULT EYE: TECHNOLOGY, TECHNIQUE & THE FINAL IOL"
PRACTICAL SOLUTIONS FOR CHALLENGING CATARACT AND
GLAUCOMA SURGERY

Chairpersons: *Dr. Chaya Samarasinghe, Dr. Prem Anand*

The Difficult Eye: Technology, Technique & The Final IOL"
Dr. Prasad Pathirana, Dr. Ayasmantha Pieris

8.00 A.M. – 9.00 A.M.

BEYOND THE SURFACE: THE ART AND SCIENCE OF ADVANCED
OCULAR SURFACE MANAGEMENT

SESSION 01

Chairpersons: *Dr. K.R. Dayawansa, Dr. Kusum Ratnayake*

8.00 a.m. – 8.12 a.m.

A Strategic Approach to Advanced Ocular Surface Disease
Dr. Kusum Ratnayake

8.12 a.m. – 8.24 a.m.

Stevens–Johnson Syndrome and Toxic Epidermal Necrolysis: From Acute
Crisis to Chronic Ocular Surface Reconstruction
Dr. Geetha Iyer

8.24 a.m. – 8.36 a.m.

Boston Keratoprosthesis versus Osteo-Odonto-Keratoprosthesis:
The Ultimate Keratoprosthesis Decision
Dr. Geetha Iyer

8.36 a.m. – 8.48 a.m.

OSD Grand Rounds.: interactive session
Cases presented by *Dr. Mihipali Karunarathne*

8.48 a.m. – 9.00 a.m.

Immunosuppressive Therapy in Ocular Surface Disease: When, why,
and how to Treat
Dr. Geetha Iyer

9.00 A.M. – 10.00 A.M.

FROM CLINIC TO CLARITY — CASE-BASED INSIGHTS IN MEDICAL
RETINA & UVEITIS

SESSION 02

Moderators: *Dr. K. Niruththan, Dr. Manishka Jayasundera*

Panelists: *Dr. Aditya Sudhalkar*
Dr. Dushyantha Wariyapola
Dr. Kapila Bandutilake
Dr. J.G. Mahesh

09.00 A.M. – 09.15 A.M.

The choroidal intruder
Dr. Lija Gajalaksan

09.15 A.M. – 09.30 A.M.

The choroidal extruder
Dr. Manishka Jayasundera

09.30 A.M. – 09.45 A.M.

The serous saga
Dr. Sahila Parathan

09.45 A.M. – 10.00 A.M.

The ageing macula
Dr. K. Niruththan

10.00 A.M. – 10.30 A.M.	TEA	
10.30 A.M. – 11.30 A.M.	COLLEGE LECTURE 'From Clinical Curiosity to Clinical Research: Bridging the Gap in Our Daily Practice' <i>Professor Tetsuro Oshika</i> <i>President of the Asia Pacific Academy of Ophthalmology</i> <i>Professor of Ophthalmology</i> <i>University of Tsukuba, Japan</i>	
11.30 A.M. – 12.30 P.M.	AVRSSL SYMPOSIUM: ENDOPHTHALMITIS – 'AVENGERS, ASSEMBLE!'	SESSION 03
Moderator: <i>Dr. P. Sriharanathan</i>		
11.30 a.m. – 11.42 a.m.	Endophthalmitis and its close imposters <i>Dr. Nevinda de Silva</i>	
11.42 a.m. – 11.54 a.m.	Post-cataract endophthalmitis: What has changed? <i>Dr. Mangala Dhanapala</i>	
11.54 a.m. – 12.06 p.m.	Endogenous endophthalmitis: Management updates <i>Dr. Kapila Bandutilake</i>	
12.06 p.m. – 12.18 p.m.	Post-intravitreal injection inflammation: Sterile or infective? <i>Dr. Charith Fonseka</i>	
12.18 p.m. – 12.30 p.m.	Post-endophthalmitis macular edema: Unfinished battle <i>Dr. P. Sriharanathan</i>	
12.30 P.M. – 2.00 P.M.	LUNCH	
1.00 p.m. – 1.40 p.m.	ALCON SPONSORED LUNCH SYMPOSIUM - A NEW ERA IN IOL & DELIVERY TECHNOLOGY Chairperson: <i>Dr. Chamara Kumara</i>	
1.05 p.m. – 1.20 p.m.	Clareon AutonoMe™ - A Paradigm Shift in Cataract Surgery <i>Dr. Shail Vasavada</i>	
1.20 p.m.- 1.35 p.m.	State of the Art: Patient Counselling for Presbyopia-Correcting IOLs (PanOptix) <i>Dr. Vaishali Vasavada</i>	
1.35 p.m.- 1.40 p.m.	Q&A	
2.00 P.M. – 3.00 P.M.	CLINICAL PEARLS IN NEURO-OPHTHALMOLOGY: DIAGNOSIS, LOCALIZATION AND MANAGEMENT	SESSION 04
Chairpersons: <i>Dr. Champa Banagala, Dr. Deepanee Wewalwala</i>		
2.00 p.m. – 2.15 p.m.	Changing Paradigms in the diagnosis and treatment of optic neuritis <i>Professor Karl Golnik</i>	
2.15 p.m. – 2.39 p.m.	Challenging Cases in Neuro-Ophthalmology: Demyelination and beyond <i>Dr. Kishara Gunaratne, Dr. Dunya Luke</i>	
2.39 p.m. – 2.45 p.m.	Bilateral and young, scary? <i>Dr. Deepanee Wewalwala</i>	
2.45 p.m. – 3.00 p.m.	Localizing Diplopia: Clinical Pearls for Precise Diagnosis <i>Professor Karl Golnik</i>	

3.00 P.M. – 4.00 P.M.

GRAVES' ORBITOPATHY: ONE DISEASE, TWO SPECIALTIES,
NAVIGATING FROM DIAGNOSIS TO REHABILITATION

SESSION 05

Moderators: *Dr. Mangala Gamage, Dr. Nirodha Jayawickrama,*

Panelists: *Dr. Dimuthu Muthukuda
Dr. Chameera Bandara
Dr. Kavinda Masingha*

4.00 P.M. – 4.30 P.M.

TEA

4.30 P.M. – 5.45 P.M.

VIDEO SYMPOSIUM

SESSION 06

Moderators: *Dr. K.A. Salvin, Dr. Aruna Fernando*

Hall A
6.00 P.M. – 7.30 P.M.

NEURO-OPHTHALMOLOGY CAPSULE – THINK BEYOND THE EYE
An Interactive Case-Based Session
Professor Karl Golnik

HALL B

An Interactive Career Discussion with trainees
Prof. Sheng Lim & Mrs. Punitha Ranjith

34TH ANNUAL CONGRESS - COSL

27th September 2026

DAY 03

7.00 A.M. – 7.50 A.M.

**LENSTECH INNOVATION SPONSORED BREAKFAST SYMPOSIUM
"FROM STITCH TO SIGHT: MASTERING OPHTHALMIC
PRECISION"**

Chairpersons: *Dr. Kusum Ratnayake & Dr. Ishantha Jayasekera*

7.00 a.m. – 7.05 a.m.

Introduction

7.05 a.m. – 7.15 a.m.

The Right Needle, The Right Suture, The Right Outcome
Dr. Ayasmantha Peiris

7.15 a.m. – 7.25 a.m.

Every Stitch Counts: Suturing in Anterior Segment Surgery
Dr. Ishantha Jayasekera

7.25 a.m. – 7.35 a.m.

The Art of Posterior Segment Suturing
Dr. Mangala Dhanapala

7.35 a.m. – 7.50 a.m.

Phakic IOLs, when to use, and My experience with IPCL
Dr. Dushyantha Wariyapola

8.00 A.M. – 10.00 A.M.

TAMING THE DIFFICULT CATARACT

SESSION 07

Chairpersons: *Dr. Dushyantha Wariyapola, Dr. Aruna Fernando*

8.00 a.m. – 8.10 a.m.

Priming the practice for refractive cataract surgery –
Dr. Vaishali Vasavada

8.10 a.m. – 8.20 a.m.

Toric IOLs: Keys to Consistent Success
Professor Tetsuro Oshika

8.20 a.m. – 8.30 a.m.

Approach to intraoperative PCR
Dr. Shail Vasavada

8.30 a.m. – 8.40 a.m.

Taming the unruly iris
Dr. Vaishali Vasavada

8.40 a.m. – 8.50 a.m.

Managing Difficult Situations - Mature & Traumatic Cataracts
Dr. Shail Vasavada

8.50 a.m. – 9.00 a.m.

Subluxed crystalline lens - Options in Management
Dr. Charith Fonseka

9.00 a.m. – 9.10 a.m.

Complex Cataract and Beyond: Strategies That Work
Professor Tetsuro Oshika

9.10 a.m. – 9.20 a.m.

**Rational pre-operative preparation for cataract surgery: safer, faster and
cost effective.**
Dr. K.A. Salvin

9.20 a.m. – 10.00 a.m.

Case Based Discussion

Moderator-*Dr. Aruna Fernando*

Case Presentation

Presenters -*Dr. Chamara Kumaraige, Dr. Dushyantha Wariyapola*

Panelists-

*Dr. Vaishali Vasavada,
Professor Tetsuro Oshika,
Dr. Shail Vasavada
Dr. Charith Fonseka
Dr. K.A. Salvin*

10.00 A.M. – 10.30 A.M.

TEA

10.30 A.M. – 11.30 A.M.

DR. P. SIVASUBRAMANIAM ORATION

"Resilience, Rehabilitation, and Inclusion: The Journey of Low Vision Care in Sri Lanka"

*Dr. Saman Senanayake
Senior Consultant Ophthalmologist*

11.30 A.M. – 12.30 P.M.

YOSL SESSION

RVO & DME: THE FUTURE PLAYBOOK

SESSION 08

Moderators: - *Dr. Duleepa Baranage, Dr. Harsha Prathapasinghe*

Speakers: -

*Dr. Saminda Paranaheewa
Dr. Kasun Gunawardene
Dr. Bhagya Weerasinghe
Dr. Sampath Ranaweera
Dr. Sumindu Edirisooriya
Dr. Iroshan Mendis
Dr. Chanika Gamage
Dr. Nayomi Vitharana*

12.30 P.M. – 2.00 P.M.

LUNCH

1.00 p.m. – 1.40 p.m.

**VISION 2020 TECHNO SPONSORED LUNCH SYMPOSIUM
SLT IN FOCUS: "FROM FUNDAMENTALS TO CLINICAL PRACTICE"**

Chairpersons: *Dr. Dilruwani Aryasinghe, Dr. Prasad Pathirana*

1.00 p.m. – 1.12 p.m.

SLT Essentials: Understanding the Fundamentals

Dr. Gayan Wijesundera

1.12 p.m. – 1.27 p.m.

Selective laser trabeculoplasty: How have my patients benefited from SLT today?

Dr. Jocelyn Chau

1.27 p.m. – 1.40 p.m.

Q & A

2.00 P.M. – 4.00 P.M.

FREE PAPERS

SESSION 09

Chairpersons: *Dr. N. Niroshan, Dr. M. Gnanaruban*

- | | |
|-------------------------|--|
| 02.00 p.m. - 02.08 p.m. | Improving Quality and Efficiency of Pterygium Surgery: A Clinical Audit of Sutureless Versus Sutured Conjunctival Autograft Fixation by First-Year Trainees
<i>MNA Ahamed, TBMJ De Silva, JD Dias</i> |
| 02.08 p.m. - 02.16 p.m. | 500 Eyes, Two Days: Refractive Accuracy and Surgical Outcomes Following High-Volume Cataract Surgery
<i>K Niruththan, NP Nanayakkara, PADV Gunasekara, MI Jayasundera</i> |
| 02.16 p.m. - 02.24 p.m. | Barriers and Determinants of Glaucoma Medication Adherence Among Patients Attending the University Hospital Kotelawala Defense University Ophthalmology Clinic
<i>M Shajahan, DAK Dissanayaka, SD Aluthge, P Anand</i> |
| 02.24 p.m. - 02.32 p.m. | Early vitrectomy in PDR: A Systematic Review and Meta-Analysis
<i>PFSC Fonseka, M Prabath, R. Casson, DMMDB Dhanapala</i> |
| 02.32 p.m. - 02.40 p.m. | An Ongoing Clinical Audit: HbA1c Versus Fasting Blood Sugar in Diabetic Macular Oedema
<i>P Vaishnavan, K Kiriyan, TD Munasinghe, KN Goonerathne</i> |
| 02.40 p.m. - 02.48 p.m. | Real-World First-Line IVB-SCTA versus Dexamethasone Implant for RVO Macular Edema: Response, Durability and Cost
<i>P Sriharanathan</i> |
| 02.48 p.m. - 02.56 p.m. | Diagnostic Yield and Clinical Utility of Multimodal Visual Electrophysiology in a National Tertiary Referral Centre: An Eight-Year Experience from Sri Lanka
<i>TD Munasinghe, PMT Warnakula, DHH Wariyapola</i> |
| 02.56 p.m. - 03.04 p.m. | Cancer Immunotherapy Associated Uveitis: Clinical Features and Outcomes
<i>S Waduthantri</i> |
| 03.04 p.m. - 03.12 p.m. | Prevalence of Refractive Errors In Children Treated For Retinopathy Of Prematurity (ROP)-Lady Ridgeway Hospital for Children
<i>ID Jayarathna, H Abeysekera</i> |
| 03.12 p.m. - 03.20 p.m. | Cyclophotocoagulation (CPC) as a method of rescue of failed Ahmed Glaucoma Valve (AGV) in children in Sri Lanka
<i>IM Akbar, H Abeysekera</i> |
| 03.20 p.m. - 03.28 p.m. | Impact of Direct Observation, Regular Follow-up, Parental Education, and Systematic Monitoring on Amblyopia Management Among Children Attending the Paediatric Eye Clinic at Teaching Hospital Kuliyapitiya
<i>S Muthukumara, BMT Basnayaka, UPB Niroshani, HPMK Gunawardana</i> |
| 03.28 p.m. - 03.36 p.m. | Bending Under Pressure: Prevalence of Musculoskeletal Disorders, Physical Risk Factors and Ergonomic Awareness Among Ophthalmology Trainees in Sri Lanka
<i>PMT Warnakula, AR Wimalasundera, DP Jayapala, RR Muhandiram</i> |
| 03.36 p.m. - 03.44 p.m. | Time interval and visit count from first presentation to cataract surgery at National Eye Hospital, Colombo
<i>JKNN Jayanetti, KA Jithmini, KR Dayawansa</i> |
| 03.44 p.m. - 03.52 p.m. | Learning ophthalmology in the Gen Z era: Preferred learning methods among Sri Lankan medical undergraduates and attitudes towards AI-based education
<i>ANM De Silva, LKBC Pieris, EADH Amasha, MM Dissanayake</i> |

03.52 p.m. – 4.00 p.m.

Knowledge, Attitudes and Practices on the Diagnosis and Management of Glaucoma among Medical Officers in Ophthalmology Uva Province
MI Jayasundera, K Niruththan, NP Nananyakkara, PADV Gunasekara

04.00p.m. -04.08 p.m.

Timing Matters: Fibrovascular stage and visual ceiling after vitrectomy for PDR
PFSC Fonseka, R Casson, MP Piyasena, G Gunawardena, CA Madusanka, D Yapa, M Gunaratne, J Gilhotra, U Senarath, DMMD B Dhanapala

4.10 P.M. – 5.10 P.M.

ESSENTIALS IN PEDIATRIC OPHTHALMOLOGY

SESSION 10

Chairpersons: *Dr. Hiranya Abeysekera, Dr. Hasanka Peiris*

4.10 p.m. – 4.22 p.m.

Current paradigms of pediatric cataract surgery
Dr. Vaishali Vasavada

4.22 p.m. – 4.34 p.m.

Management of childhood glaucoma: Emerging therapies in the last decade
Dr. Jocelyn Chau

4.34 p.m. – 4.46 p.m.

Congenital Cataract Surgery: Myths vs. Facts
Professor Tetsuro Oshika

4.46 p.m. – 4.58 p.m.

Retinoblastoma in Sri Lanka
Dr. Hiranya Abeysekera

4.58 p.m. – 5.10 p.m.

Prevention and management of complications of squint surgery
Dr. Anusha Tennekumbura



COLLEGE OF OPHTHALMOLOGISTS OF SRI LANKA

New Administrative Building, 03rd Floor,
National Eye Hospital, Colombo 10.

Email: info@cosl.lk

Tel: +94 76-6192487 | +94 77-3141335

Fax: +94 11-2693924



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