

SURGICAL VIDEO COMPETITION GUIDELINES

34th ANNUAL CONGRESS OF THE COLLEGE OF OPHTHALMOLOGISTS OF SRI LANKA 25th – 27st SEPTEMBER 2026

You are invited to participate in the **Surgery Video Competition** organized by the **College of Ophthalmologists of Sri Lanka**, to be held during the **34th Annual Congress** on the **25th to 27th of September 2026**.

1. Submission Guidelines

- **Number of Submissions:** Each participant may submit a maximum of **two videos**.
- **Duration:** Each video should be no longer than **4 minutes**, submitted as a single high-resolution audio-visual file.
- **Format:** Videos must be in **MP4 format**, Full HD (1920 x 1080 pixels).
- **Discussion Time:** Each submission will be allocated additional time for discussion following the video presentation.

Judging Criteria

Videos will be evaluated based on the following:

- Clarity and quality of the video
- Clarity of audio narration or commentary
- Originality of content
- Relevance and significance of the surgical theme
- Creativity and presentation

2. Submission Process and Deadlines

- All candidates must register for the Congress
- **Deadline:** All video submissions must be sent **by 15th of August 2026**
- **Submission Details:** Email your video(s) along with a brief description, including the title and key highlights, to:  <https://congress.cosl.lk/abstract-guidelines/#online-coach-feature-box>

3. Awards

Winners will be awarded **certificates** and **substantial cash prizes**:

-  **Best Surgical Video** – Rs. 100,000/=
-  **1st Runner-Up** – Rs. 75,000/=
-  **2nd Runner-Up** – Rs. 50,000/=



Contact Information

For further information or assistance, please contact: **Ms. Samanmalie** or **Mr. Heshan** 📞

011-2693924 / 011-4710338 / 077-3141335 / 076-6192487

