

**34<sup>th</sup> ANNUAL ACADEMIC CONGRESS OF THE COLLEGE OF OPHTHALMOLOGISTS OF SRI LANKA**

**25<sup>th</sup> TO 27<sup>st</sup> SEPTEMBERS 2026**

**GUIDELINES FOR THE SUBMISSION OF ABSTRACTS**

1. All abstracts should reach the Honorary Secretary, The College of Ophthalmologists of Sri Lanka, National Eye Hospital, Colombo 10, before 30<sup>th</sup> July 2026. Late entries will not be accepted.

**All abstracts duly prepared should be submitted via COSL website.  
only the online submissions are accepted.**

2. All abstracts must be typed on (Times New Roman font size 12 in Microsoft Word.)
3. Provide Name of Author(s) followed by the name of the institution and the country, (in the original only). Indicate the names of the authors according to the following format: Initial of given names without punctuation followed by family name or given names followed by family name, e.g. LH Leong or Lim Heng Leong. Omit degrees, titles and full address.
4. Abstracts should not exceed **250 words** and should follow the following format.
  - a) Introduction & objectives b) material and methods, c) results, d) discussion and conclusion. Frames, Graphs, images, tables, and diagrams should not be included. References are not necessary.  
Key words – include 3-5 key words.
5. Use of standard abbreviations is desirable. Use special or unusual abbreviations in Parentheses after the full word, the first time it appears. Use numerals to indicate numbers except to begin sentences.
6. It is the author's responsibility to submit an abstract with correct spelling and grammar. The Academic Programme Committee, however, reserves the right to edit the abstract if it has significant spelling and grammatical mistakes. The Academic Programme Committee will determine whether the abstract will be accepted as an oral presentation or an E poster, with consideration given to the authors preference.
7. **ORAL PRESENTATIONS:** Each paper will be allowed only 6 minutes for presentation with 2 minutes for discussion. (Total 8 minutes) Multimedia facilities will be made available. **Single case presentations are usually accepted in the form of E poster presentations.**
8. **POSTER PRESENTATIONS: will be in the form of E POSTERS. Please refer the guidelines in COSL website for instructions & guidelines for E posters.**
9. The presenting author is required to register for the sessions before submission of the Abstract.

Hony. Secretary  
College of Ophthalmologists of Sri Lanka  
03<sup>rd</sup> Floor, New Administrative Building, National Eye Hospital, Colombo 10.  
Email: [info@cosl.lk](mailto:info@cosl.lk)